

**Everyone  
deserves to live,  
and anyone  
can be a  
friend for life.**



## **KNOW ABOUT NALOXONE (NARCAN)**



**Learn more at  
WAFriendsForLife.com**

**Naloxone reverses  
opioid overdoses,  
including those  
from fentanyl.**

**Having it can make  
all the difference.**

# WHAT TO KNOW

- Naloxone is a medication that reverses opioid overdoses.
- It is available as a nasal spray or intramuscular injection.
- Anyone can get, carry, and use naloxone — you don't need any special training.
- It's available for free in many communities or for purchase at most pharmacies.
- Washington has a standing order that acts like a prescription, so you don't need one.

# HOW IT WORKS

- Naloxone blocks the effects of opioids on the brain.
- It does not treat or reverse the effects of other drugs or alcohol.
- It is the most effective tool we have to reverse opioid overdoses and save lives.
- Naloxone is not habit-forming and can't hurt anyone, even if they haven't taken opioids.

# HOW TO SPOT AN OPIOID OVERDOSE:

## Someone may be overdosing if they:

- Can't wake up.
- Are breathing very slowly or not at all.
- Are turning blue, gray, or purple.
- Look ashen or feel cold to the touch.

## If you see signs of an overdose:

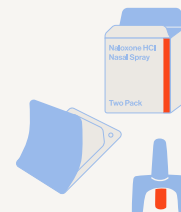
- Call 911.
- Give naloxone every 2 – 3 minutes.
- Give a rescue breath every 5 seconds until they wake up or help arrives.

# HOW TO USE NASAL SPRAY NALOXONE

Start by laying your friend down.

## 1. Open the packaging

Don't do a test spray.  
The canister only has one dose.



## 2. Hold the canister like this



## 3. Insert the nozzle into either nostril

Your fingers should touch their nose.



## 4. Press the plunger all the way

Naloxone starts working within 2 – 3 minutes.



**Washington state has Good Samaritan laws to protect you and your friend from prosecution for drug possession.**