



**Everyone
deserves to live,
and anyone
can be a
friend for life.**

**KEEP YOUR
FRIENDS
SAFE.
CARRY
NALOXONE
(NARCAN).**



**Learn more at
WAFriendsForLife.com**

Washington State
Health Care Authority

**Most overdose deaths in
Washington involve fentanyl.**

**Naloxone reverses
opioid overdoses,
including from fentanyl.**

FACTS ABOUT FENTANYL

Strong. Unpredictable. Dangerous.

- Fentanyl is a powerful, fast-acting synthetic opioid, so overdoses happen quickly.
- You can unknowingly take fentanyl that has been added to pills, cocaine, MDMA, or heroin.
- One pill, line, or hit can cause a fatal overdose.

KNOW ABOUT NALOXONE

Safe. Simple. Legal.

- Naloxone is a medication that reverses opioid overdoses.
- Anyone can get, carry, and use naloxone – you don't need any special training.
- It's available for free in many communities, or you can buy it at a pharmacy.
- Washington has a standing order that acts like a prescription, so you don't need one.
- It's not habit-forming and can't hurt anyone, even if they're not using opioids

YOUR FRIEND MAY BE OVERDOSING IF THEY:

- Can't wake up.
- Aren't breathing every 3 – 5 seconds.
- Are turning blue, gray or purple, or their skin feels cold.

If you think your friend is overdosing, call 911. Then give them naloxone and rescue breaths.

Washington state has Good Samaritan laws to protect you and your friend from prosecution for drug possession.

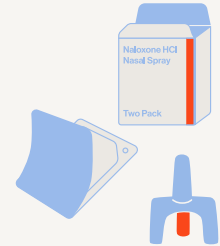
HOW TO USE NASAL SPRAY NALOXONE

Start by laying your friend down.

1. Open the packaging

Don't do a test spray.

The canister only has one dose.

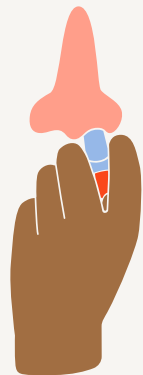


2. Hold the canister like this



3. Insert the nozzle into either nostril

Your fingers should touch their nose.



4. Press the plunger all the way

Naloxone starts working within 2 - 3 minutes.

