

**KEEP YOUR
FRIENDS
SAFE**



**CARRY
NALOXONE
(NARCAN)**

**Naloxone reverses opioid overdoses,
including from fentanyl.**



Everyone deserves to live,
and anyone can be a friend for life.

Learn more at WAFriendsForLife.com.



FACTS ABOUT FENTANYL

Fentanyl is a powerful synthetic opioid usually found in pill or powder form. It can be added to fake prescription pills, MDMA, cocaine, or heroin and has no color, taste, or smell to help identify it.

It's strong

Fentanyl is 50 times stronger than heroin and 100 times stronger than morphine.

A dose equivalent to two grains of sand is enough to cause a fatal overdose.

It's unpredictable

The effects of fentanyl set in fast, so overdoses happen quickly.

Even within the same batch, some pills can contain a fatal dose while others don't. There's no way to tell.

It's widespread

Opioids, including fentanyl, accounted for an estimated 70% of all overdose deaths in Washington.*

*<https://doh.wa.gov/newsroom/overdose-deaths-washington-top-2000-2021-and-continue-rise>



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KNOW ABOUT NALOXONE

Naloxone is a medicine that reverses opioid overdoses, including from fentanyl. It is available for free in many communities or for purchase at a pharmacy. Carry naloxone with you to use in an emergency and to help keep your friends safe.

It's safe

Naloxone has no side effects and isn't habit-forming. It can't hurt, even if a person isn't on opioids.

It's simple

You don't need special training to give naloxone.

It's legal

Washington has a standing order which acts like a prescription, so anyone can get, carry, and use naloxone.

It's effective

In Washington, 99% of people who overdosed and were given naloxone by a friend survived.*

*<https://adai.uw.edu/wordpress/wp-content/uploads/WAPDOfinalreport-11-2021.pdf>



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HOW TO GIVE NALOXONE

Your friend may be overdosing on opioids if they can't wake up, aren't breathing normally, or their skin is turning blue or gray. If you think your friend is overdosing, call 911. (Washington state has Good Samaritan laws to protect you both from prosecution for drug possession.) Then lay your friend down, and give them naloxone and rescue breaths. Once your friend starts breathing again, roll them onto their side.

1. Open the packaging

Don't do a test spray. The canister only has one dose.

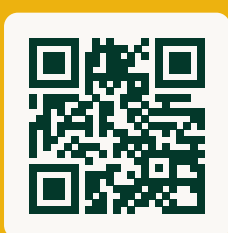
2. Hold the canister like this

3. Insert the nozzle into either nostril

Your fingers should touch their nose.

4. Press the plunger all the way

Naloxone starts working within 2 - 3 minutes.



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