I CARRY NALOXONE BECAUSE ...

SOCIAL POSTS

Caption:

Naloxone reverses the effects of an opioid overdose and saves lives. While people's reasons for carrying naloxone differ, it always comes down to this: carrying naloxone is an act of love — for your friends, your neighbors, your community.

Find out where to get naloxone near you and start carrying it today: https://wafriendsforlife.com/get-naloxone

How to create a multi-image post:

FACEBOOK

Step 1: Log In and Navigate to Your Facebook Page or Profile

- **Open Facebook**: Log in to your Facebook account.
- **Go to Your Page/Profile**: Navigate to the page or profile where you want to post the photos. You can do this by selecting it from the menu on the left side of the homepage or by searching for it.

Step 2: Start a New Post

- **Find the Post Box**: On your page or profile's timeline, locate the "Create Post" box or "What's on your mind?" field.
- **Click on It**: This opens the post creation window where you can add text, photos, and more.

Step 3: Add Photos

- **Click on "Photo/Video"**: In the post creation window, click on the "Photo/Video" button.
- **Select Multiple Photos**: A file picker will open. Hold down the Ctrl key (Cmd key on Mac) and click on each photo you want to upload. Alternatively, you can drag and select multiple photos if supported.

Step 4: Upload and Arrange Photos

- **Upload Photos**: After selecting your photos, click "Open" or "Upload" to add them to the post.
- **Arrange Photos**: Once uploaded, you may see thumbnail previews of your photos. You can often drag and drop them to rearrange the order if needed.

Step 5: Add Captions and Post

- **Add Captions (Optional)**: You can add a caption or description for the entire post in the text field. Some interfaces allow you to add individual captions for each photo as well.
- **Review and Post**: Review your post to ensure everything looks good. Click "Post" or "Share" to publish the photos on your profile or page.

And that's it! Your post with multiple photos should now be visible to your friends or followers, and they can view the photos in a single post.

<u>INSTAGRAM</u>

Step 1: Open Instagram and Access the Post Creation

- **Open Instagram App**: Launch the Instagram app on your mobile device.
- **Go to the Post Creation Screen**: Tap the "+" icon located at the bottom center of the screen or in the top-right corner of your profile page.

Step 2: Select Multiple Photos

- **Choose "Post"**: Tap on "Post" from the options that appear (Photo, Story, Reel, etc.).

- **Select Multiple Photos**: Tap the icon that looks like stacked squares (or "Select Multiple") on the right side of the photo picker screen. This allows you to choose more than one photo.

Step 3: Select Your Photos

- **Pick Photos**: Tap on the photos you want to include in your post. A number will appear on each photo to indicate the order in which they'll be displayed. You can select up to 10 photos or videos.
- **Confirm Selection**: Once you've chosen all the photos, tap "Next" in the top-right corner.

Step 4: Edit and Arrange Photos

- **Edit Photos (Optional)**: You can apply filters, adjust settings, or crop each photo individually. Swipe left or right to switch between photos and make edits as needed.
- **Rearrange Photos**: If you want to change the order of the photos, tap and hold the photo you want to move, then drag it to the desired position.

Step 5: Add Captions and Post

- **Write a Caption**: Add a caption for your post. You can also include hashtags, tag people, and add a location if you wish.
- **Share Your Post**: Once everything looks good, tap "Share" in the top-right corner to publish your post with multiple photos.

Your post will now appear in your feed with the photos arranged in a carousel format, allowing your followers to swipe through them.