

Recovery is possible. **MOUD can help.**

Medications for opioid use disorder (MOUD):

- normalize brain chemistry
- relieve cravings
- prevent withdrawal symptoms
- lower the risk of an overdose by 50%

Along with support from friends, family, and treatment professionals, MOUD help people safely recover.

Methadone & buprenorphine

- Are safe and effective MOUD
- Help people rebuild lives and relationships
- Can be dispensed to people of all ages



Naloxone

Relapse may be a part of recovery. An overdose is more common after a period of not using opioids. Carry naloxone and use it to reverse an overdose. It saves lives and makes continued recovery possible.

Resources

Call the Washington Recovery Help Line to speak with a specialist.

1-866-789-1511

Find a clinic or program that dispenses MOUD near you.

search.warecoveryhelpline.org

Call, text, or chat the 988 Suicide & Crisis Lifeline. It's free and confidential.

988lifeline.org/get-help



Learn more at
**[WAFriendsForLife.com/
get-help](https://WAFriendsForLife.com/get-help)**

Washington State
Health Care Authority